

Bun sandwich

USE YOUR BODY HEAT AS A GENTLE COOKER AND YOUR WEIGHT AS A FLAVOUR PRESS TO MAKE THIS DELICIOUS CHEESE SARNIE

1. LAY OUT TWO THICK SLICES OF BREAD



2. POUR 1 TBSPN OLIVE OIL ON EACH SLICE AND SPREAD TO THE EDGES



SALT



PEPPER



1 HANDFUL LETTUCE

1 HANDFUL FRESH BASIL



1 HANDFUL GRATED CHEDDAR CHEESE



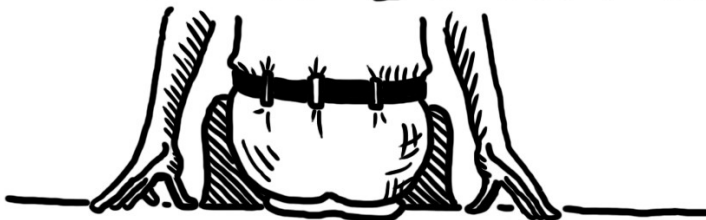
1 TBSP GRATED PARMESAN



3. ON ONE SLICE, SCATTER:
4. PRESS TOGETHER AND WRAP IN FIVE LAYERS OF CLING FILM



5. SIT ON IT FOR AT LEAST 10 MINUTES



6. UNWRAP AND ENJOY